

“BULLYING” RESOURCE PROGRAMS SPONSORED or SUBSIDIZED by the FEDERAL GOVERNMENT¹

PROGRAMS with MULTIPLE FEDERAL AGENCY INVOLVEMENT

❖ ***Helping America’s Youth: Bullying Prevention Program²***

“Welcome to the Community Guide to Helping America’s Youth!”

“Helping America’s Youth is a **nationwide effort**, initiated by President George W. Bush and led by First Lady Laura Bush, to benefit children and teenagers by encouraging action in three key areas: family, school, and community. The *Community Guide to Helping America’s Youth* helps communities build partnerships, assess their needs and resources, and select from program designs that could be replicated in their community. It walks community groups through the steps necessary for building strong supports for youth.”

❖ ***Safe Schools/Healthy Students Initiative³***

A Comprehensive Approach to Youth Violence Prevention

“The SS/HS Initiative is a unique Federal grant-making program designed to prevent violence and substance abuse among our Nation's youth, schools, and communities.

“The Federal Government is committed to reducing school violence. The SS/HS Initiative is an unprecedented collaborative grant program supported by **three Federal agencies-the U.S. Departments of Education, Health and Human Services, and Justice**. The SS/HS Initiative seeks to develop real-world knowledge about what works best to promote safe and healthy environments in which America's children can learn and develop.”

❖ ***Guide: Conflict Resolution Education⁴***

“The Conflict Resolution Education Guide was developed through a collaboration of the **Departments of Justice and Education** to advance the development of conflict resolution education programs in schools, youth serving organizations, and community juvenile justice settings.”

❖ ***Report: Indicators of School Crime and Safety⁵***

“The Indicators of School Crime and Safety is a report that provides detailed statistical information to inform the nation on the current nature of crime in schools. Rather than relying on data from a large omnibus survey of school crime and safety, this report uses a variety of independent data sources from federal departments and agencies including the **Bureau of Justice Statistics, the National Center for Education Statistics, and the Centers for Disease Control and Prevention**.”

¹ Not a comprehensive list.

² <http://guide.helpingamericasyouth.gov/programdetail.cfm?id=306>

³ <http://www.sshs.samhsa.gov/initiative/about.aspx>

⁴ http://www.usdoj.gov/usao/wie/justice_for_all/publications/conflict_resolution_education.pdf

⁵ <http://www.ojp.gov/bjs/pub/pdf/iscs99.pdf>

❖ **Website and Program: *Youth Violence Prevention***⁶

“Providing services designed to strengthen healthy youth development, foster school safety, and prevent violence behavior and substance use in the Nation’s schools and communities. The Federal government is committed to reducing school violence. The Safe Schools/Healthy Students (SS/HS) Initiative is an unprecedented collaborative grant program designed to prevent violence and substance abuse among our Nation’s youth, schools, and communities. The Initiative is supported by **three Federal agencies—the U.S. Department of Health and Human Services (through SAMHSA’s Center for Mental Health Services), the U.S. Department of Education, and the U.S. Department of Justice.**”

PROGRAMS through the DEPARTMENT OF EDUCATION

❖ **Program & Digest: *Preventing Bullying***⁷

“When teachers and administrators fail to intervene, some victims ultimately take things into their own hands, often with grievous results. This ‘Preventing Bullying’ digest examines the problem of bullying and some of its effects, discusses steps schools are taking, looks at ways peers can discourage bullying, and identifies other strategies that are being pursued.”

❖ ***Schoolwide Prevention of Bullying***⁸

This publication is based on work sponsored wholly, or in part, by the office of Educational Research and Improvement (OERI), Department of Education.

“The Schoolwide Prevention of Bullying booklet provides an overview of what is currently known about bullying behavior and successful efforts to address it.”

❖ ***Bullying in Schools***⁹

“Bullying in School, ERIC Digest, is a document that discusses a wide range of topics related to bullying in schools, including the extent of the problem, characteristics of bullies and victims, consequences of bullying, perceptions of bullying, and intervention programs.”

❖ ***Office of Safe and Drug-Free Schools (OSDFS)***¹⁰

“The Office of Safe and Drug-Free Schools is a program that provides information and models on how to improve programs on bully prevention as well as gives hints on how to take steps toward creating a more peaceful school environment. There mission is creating safe schools, responding to crises, drug abuse and violence prevention, ensuring the health and well being of students and promoting development of good character and citizenship.”

⁶ <http://www.sshs.samhsa.gov/initiative/default.aspx>

⁷ www.eric.ed.gov/contentdelivery/servlet/ERICServlet?accno=ED463563

⁸ www.nwrel.org/request/dec01/index.html

⁹ www.eric.ed.gov/contentdelivery/servlet/ERICServlet?accno=ED407154

¹⁰ <http://www.ed.gov/about/offices/list/osdfs/index.html?src=mr>

❖ ***Threat Assessment in Schools: A Guide to Managing Threatening Situations and to Creating Safe School Climates***¹¹

“The Guide takes findings through assessment a step further by setting forth a process for identifying, assessing, and managing students who may pose a threat of targeted violence in schools. It is intended for use by school personnel, law enforcement officials, and others with protective responsibilities in our nation’s schools.”

PROGRAMS through the DEPARTMENT of HEALTH & HUMAN SERVICES

Substance Abuse and Mental Health Services Administration (SAMHSA)

❖ **Website and document: *Take Action Against Bullying***¹²

“The document in your hands right now and other companion materials about bullying are part of 15+ Make Time to Listen... Take Time to Talk, an initiative developed by the Substance Abuse and Mental Health Services Administration, part of the U.S. Department of Health and Human Services, to promote healthy child development and to prevent youth and school-based violence.”

❖ **Online course: *The ABCs of Bullying: Addressing, Blocking, and Curbing School Aggression***¹³

“Educators, health and mental health practitioners, parents, and community members are realizing that bullying is a serious problem that can lead to more severe long-term problems for individuals and communities. Some experts believe that bullying should be considered a special form of child abuse-sometimes called "peer abuse," the cruelty of children to each other. This course examines the causes and effects of bullying, prevention techniques and programs, screening, treatment options, and legal/ethical issues surrounding bullying.”

❖ **Website: *The School Bully Can Take a Toll on Your Child’s Mental Health***¹⁴

“Children who are victims or witnesses to acts of bullying often suffer from serious emotional problems including depression and anxiety. The Caring for Every Child's Mental Health Campaign is part of the Comprehensive Community Mental Health Services for Children and Their Families Program of the federal Center for Mental Health Services.... The federal Center for Mental Health Services is an agency of the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.”

❖ **Website and Program: *Caring for Every Child's Mental Health Campaign***¹⁵

“The Caring for Every Child's Mental Health communications campaign is a national public information and education campaign to:

- * Increase public awareness about the importance of protecting and nurturing the mental health of young people.

¹¹ www.ed.gov/admins/lead/safety/threatassessmentguide.pdf

¹² <http://mentalhealth.samhsa.gov/publications/allpubs/SVP-0056/>

¹³ http://pathwayscourses.samhsa.gov/bully/bully_intro_pg1.htm

¹⁴ <http://family.samhsa.gov/teach/bullies.aspx>

¹⁵ <http://mentalhealth.samhsa.gov/child/>

- * Foster recognition that many children have mental health problems that are real, painful, and sometimes severe.
- * Encourage caregivers to seek early, appropriate treatment and services.”

- ❖ **Campaign & Program: *An End to Bullying—SAMHSA Expands 15+ Program***¹⁶
 “Parents who spend 15 minutes or more a day with their children can have a positive effect on their children's behavior and the family as a unit. This evidence-based knowledge is the core principle of SAMHSA's bullying prevention campaign, *15+ Make Time to Listen, Take Time to Talk . . . About Bullying*, to be launched in 2004. Created to address the widespread problem of bullying among America's youth, the campaign will have three main goals, to raise public awareness of bullying, recommend a call to action, and create opportunities to handle and prevent bullying behavior.”
- ❖ **SAMHSA Model Program: *The Olweus Bullying Prevention Program***¹⁷
 “The Olweus Bullying Prevention Program is a multilevel, multicomponent school-based program designed to prevent or reduce bullying in elementary, middle, and junior high schools (students 6 to 15 years old). The program attempts to restructure the existing school environment to reduce opportunities and rewards for bullying. School staff is largely responsible for introducing and implementing the program. Their efforts are directed toward improving peer relations and making the school a safe and positive place for students to learn and develop.”
- ❖ **Website: *What's Your Child's School Doing About Bullying?***¹⁸
 “Bullying affects more students than many parents realize. Even if your child isn't a bully and isn't a victim of bullying, she may still be affected by bully/victim problems in her school.

 “This is one of several articles on the *Keeping Youth Mentally Healthy & Drug Free* website¹⁹ under SAMHSA about the effects of bullying in schools upon children that may go ignored by administrators and teachers.”

Centers for Disease Control (CDC)

- ❖ **Fact Sheet and Website: *National Center for Injury Prevention and Control: Youth Violence***²⁰
 “This website is a resource on how to prevent youth violence and has links to the compendium that has information regarding all aspects of bullying and gives multiple approaches to the prevention of youth violence.”
 * *Compendium*²¹: “provides researchers and prevention specialist with a set of tools to assess violence-related beliefs, behaviors, and influences as well as to evaluate programs to prevent youth violence.”

¹⁶ http://www.samhsa.gov/SAMHSA_News/VolumeXI_4/article6.htm and <http://mentalhealth.samhsa.gov/15plus/aboutbullying.asp>

¹⁷ <http://www.clemson.edu/olweus/olweusbully.pdf>

¹⁸ <http://family.samhsa.gov/teach/bullying.aspx>

¹⁹ <http://family.samhsa.gov/main/about.aspx>

²⁰ <http://www.cdc.gov/ncipc/factsheets/yvfacts.htm>

²¹ <http://www.cdc.gov/ncipc/pub-res/measure.htm>

❖ **Special Report: *Federal Activities Addressing Violence in Schools***²²

“Many federal agencies actively address the problem of violence in schools by acquiring and disseminating information about school violence and supporting strategies that work to reduce violence. This is a special report of federal activities addressing violence in schools created through the collaborative effort of many federal agencies and offices. It is designed to facilitate the coordination of federal school violence prevention activities and enhance collaboration on future projects.”

The “many” federal agencies involved are: Division of Adolescent and School Health (CDC), SAMHSA, Department of Justice, HRSA, Department of Housing and Urban Development, Office of National Drug Control Policy, Department of Education, and NIH.

❖ **Health Information Webpage: *MedlinePlus: Bullying***²³

“Often people dismiss bullying among kids as a normal part of growing up. But bullying is harmful. The MedlinePlus webpage contains a list of select, authoritative health information sources about bullying for families and health professionals.”

Agency for Healthcare Research and Quality (AHRQ)

❖ **Project: *Preventing Violence and Related Health Risking Social Behaviors in Adolescents***²⁴

“AHRQ awarded this project to the Southern California Evidence Based Practice Center and its partner, Children Hospital Los Angeles, to conduct the review and summarize the findings in an evidence report. This article discusses youth violence, health risks, and the social behavior that causes the behaviors involved with bullying.”

Health Resources and Services Administration (HRSA)

❖ **Program and Advertising Campaign: *Stop Bullying Now: Involvement of Law Enforcement Officers in Bullying Prevention***²⁵

“With solid relationships forged in the school resource officer and Drug Abuse Resistance Education programs, law enforcement officers are in a unique position to help identify and eliminate bullying behavior in schools. The prevention illustrates the importance of law enforcement officers making a stand in schools to prevent bullying.”

❖ **Educational Forum on Adolescent Health: *Youth Bullying***²⁶

“This publication documents the forum for health care practitioners focusing on youth bullying. The search for solutions to this epidemic has become a national priority. The American Medical Association’s (AMA) *Educational Forum on Adolescent Health* is funded in part through a cooperative agreement (2 U93 MC 000104) with

²² <http://www.cdc.gov/healthyyouth/injury/pdf/violenceactivities.pdf>

²³ <http://www.nlm.nih.gov/medlineplus/bullying.html>

²⁴ <http://www.ahrq.gov/clinic/epcsums/adolvisum.pdf>

²⁵ http://stopbullyingnow.hrsa.gov/HHS_PSA/pdfs/SBN_Tip_13.pdf

²⁶ <http://www.ama-assn.org/ama1/pub/upload/mm/39/youthbullying.pdf>

the Health Resources and Services Administration, Maternal and Child Health Bureau's (MCHB) Office of Adolescent Health..”

National Women's Health Information Center (NWHIC)

❖ **Website: *Girlshealth.gov* – “Bullying”**²⁷

“Girlshealth.gov, ‘Bullying’, is a website that’s main mission is to help adolescent girls (ages 10-16) learn more about some of the unique health issues and social situations they will encounter during the teen years. The bullying section provides resources and links to useful information to help you prepare to deal with some of the issues your girls will likely face.”

PROGRAMS through the SECRET SERVICE

❖ **Report: *Safe School Initiative***²⁸

“The Secret Service Safe School Initiative focuses on a rare but significant component of the problem of school violence incidents of targeted violence in school. This is a report on how to prevent violence in schools and the steps that should be taken towards stopping the violence propagated by violent children.”

PROGRAMS through the FEDERAL BUREAU of INVESTIGATION

❖ ***Bullying Prevention Program***²⁹

“The Bullying prevention Program provides elementary, middle, and high school students with tips and strategies for handling bullies. Students are made aware of the physical, verbal, psychological aspects of bullying along with steps that can be taken to deal with bullies. The program can also be geared towards adult groups to address bullying.”

PROGRAMS through the DEPARTMENT OF JUSTICE

❖ ***Bullying in Schools: Problem Oriented Guides for Police Series***³⁰

“The Problem-Oriented Guides for Police summarize knowledge about how police can reduce the harm caused by specific crime and disorder problems. They are guides to prevention and to improving the overall response to incidents, not to investigating offenses or handling specific incidences. This is a comprehensive report on the causes, effects, and solutions to youth violence and bullying.”

❖ ***School System: Ideas for Action To Reduce Gun Violence***³¹

“Much can be accomplished in the school setting to identify and prevent aggression, gang/drug activity, and other behaviors that may lead to gun crime and violence. These Ideas for Action set standards for student behaviors, incorporate education

²⁷ <http://www.girlshealth.gov/parents/bullying.cfm>

²⁸ http://www.secretservice.gov/ntac/ntac_ssi_report.pdf

²⁹ <http://www.fbi.gov/hq/ood/opca/outreach/cjiscope.htm>

³⁰ <http://www.cops.usdoj.gov/pdf/e12011405.pdf>

³¹ <http://www.usdoj.gov/usao/sc/ceasefire/school%20system.pdf>

and activities on violence prevention into the school day and after school events, and create a caring climate change.”

❖ ***Safe Harbor: A School-Based Victim Assistance/Violence Prevention Program***³²

“The Safe Harbor Program was developed to address the underlying causes of conflict by helping students, faculty, and families cope with the violence they struggle with in their lives. It was developed in 1991 by Safe Horizon in New York City. The mission of Safe Horizon is to provide support, prevent violence, and promote justice for victims of crime and abuse, their families, and their communities.”

❖ ***Fact Sheet: Addressing the Problem of Juvenile Bullying***³³

“The Problem of Juvenile Bullying fact sheet discusses the affect that bullying can have on the social environment of a school, creating a climate of fear among students, inhibiting their ability to learn , and leading to other antisocial behavior. Through research and evaluation, successful programs to recognize, prevent, and effectively intervene in bullying behavior have been developed and replicated in schools across the country.”

³² http://www.ojp.gov/ovc/publications/bulletins/safeharbor_2003/193464.pdf

³³ <http://www.ncjrs.gov/pdffiles1/ojdp/fs200127.pdf>